

NOVEMBER | 2025



Central Lake Pre-K Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 WG Rice Krispies Cereal (1oz) Hard Cooked Egg Banana	4 WG Croissant Sandwich Egg & Cheddar Cheese Homemade Cinnamon Apple Sauce	5 NO SCHOOL	6 WG Biscuits w/Simply Fruit and/or Peanut butter	7 WG Blueberry Oatmeal Apple
10 WG Cheerios Cereal (1oz) Hard Cooked Egg Banana	11 WG English Muffin Sausage, Egg, & Cheddar Cheese Homemade Cinnamon Apple Sauce	12 Strawberry Parfaits w/granola Blueberries	13 Cheesy Omelets	14 WG Bagel w/Cream Cheese or Peanut Butter Apple
17 WG Rice Krispies Cereal (1oz) Hard Cooked Egg Banana	18 WG Croissant Sandwich, Egg & Cheddar Cheese Homemade Cinnamon Apple Sauce	19 Strawberry Parfaits w/granola Blueberries	20 WG Biscuits w/Simply Fruit and/or Peanut butter	21 WG Apple Cinnamon Oatmeal Apple
24 WG Cheerios Cereal (1oz) Hard Cooked Egg Banana	25 WG English Muffin Sausage, Egg, & Cheddar Cheese Apple	26 Strawberry Parfaits w/granola Blueberries	27 NO SCHOOL	28 NO SCHOOL

Breakfast is free for all students!
 Every Breakfast comes with fresh fruit, whole white milk for 1-2 year olds and 1% milk for 2-5 year olds.

Simply Fruit is a jam made with 100% fruit, no added sugar.

WG=Whole Grain

Questions or comments please contact Nicole Hutchins 231-544-3414
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Menus may change if an item becomes unavailable