NOVEMBER 2024

Central Lake Pre-K Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
28	29	30	31	1 NO SCHOOL	Every student eats for free! Lunch comes with fresh fruit every day! Whole white milk for 1-2 year olds and 1% milk for 2-5 year olds.
4 WG Popcorn Chicken Mashed Potatoes Corn Fruit, Milk	5 WG Soft Tacos Seasoned Ground Beef Seasoned Rice Beans Fruit, Milk	Cheddar Cheeseburger WG Bun Baked Sweet Potato Fries Tomato and Onion Fruit, Milk	7 BBQ Meatballs White Rice Green Beans Fruit, Milk	8 WG Cheese Pizza Pasta Salad Fruit, Milk	
¹¹ Grilled Chicken Sandwich WG Bun Baked French Fries Baked Beans Fruit, Milk	12 WG Chicken & Cheese Quesadilla Seasoned Rice Corn Fruit, Milk	¹³ Cheddar Cheeseburger WG Bun Baked Seasoned Fries Green Beans Tomato and Onion Fruit, Milk	¹⁴ Breakfast for Lunch WG French Toast Sticks Turkey Sausage links Scrambled Eggs Fruit, Milk	15 NO SCHOOL	
18 WG Baked Grilled Chicken Strips Baked French Fries Corn Fruit, Milk	¹⁹ Walking Tacos Seasoned Ground Beef Seasoned Rice Black Beans Fruit, Milk	Cheddar Cheeseburger WG Bun Baked Sweet Potato Fries Tomato and Onion Fruit, Milk	21 WG Orange Chicken Fried Rice Baked Egg Roll Fruit, Milk	22 WG Garlic Bread Pizza Pasta Salad Marinara Sauce Fruit, Milk	WG=Whole Grain Questions or comments please contact Nicole Hutchins 231-544-3414 Ext:54206 nhutchins@centrallake.org Menus may change if an item becomes unavailable
25 Grilled Chicken Sandwich WG Bun Baked French Fries Baked Beans Fruit, Milk	26 Thanksgiving Lunch Turkey Sweet Potato Casserole Green Bean Casserole WG Dinner Roll Fruit, Milk	²⁷ Turkey Lunch Kits Turkey Meat Cheddar Cheese Cucumbers WG Dinner Roll Fruit, Milk	28 NO SCHOOL	29 NO SCHOOL	