

MAY | 2024



Central Lake Early Childhood Development Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|---|
| 29 | 30 | 1 Cheddar Cheese Hamburger WG Bun Baked Sweet Potato Fries Broccoli, Fruit, Milk | 2 Breakfast for Lunch WG Waffles Scrambled Eggs Turkey Sausage Links Fruit, Milk | 3 WG Cheese Pizza Pasta Salad Fruit, Milk |
| 6 WG Chicken Nuggets Mashed Potatoes Corn Fruit, Milk | 7 WG Soft Tacos Seasoned Ground Beef Seasoned Rice Refined Beans Fruit, Milk | 8 Cheddar Cheese Burger Patty on WG Bun Baked French Fries Broccoli Fruit, Milk | 9 Baked Ziti WG Garlic Bread Stick Fruit Milk | 10 WG Garlic Bread Pizza Marinara Sauce Fresh Sweet Peppers w/Ranch Fruit, Milk |
| 13 WG Popcorn Chicken Mashed Potatoes Corn Fruit, Milk | 14 Nacho Chips Seasoned Ground Beef Shredded Cheddar Cheese Black Beans, Broccoli Fruit, Milk | 15 Cheddar Cheese Burger Patty on WG Bun Baked Seasoned Fries Raw Carrots w/Ranch Fruit, Milk | 16 Turkey Sub WG Sub Bun Tomatoes, cheese and Cucumbers Fruit, Milk | 17 Cheesy Bosco Sticks Marinara Sauce Lettuce w/veggies and ranch Fruit, Milk |
| 20 Grilled Chicken Sandwich WG Bun Baked Seasoned Fries Baked Beans Fruit, Milk | 21 WG Mozz. Cheese Quesadilla Seasoned Rice Black Beans Corn Fruit, Milk | 22 Cheddar Cheese Burger Patty on WG Bun Baked Sweet Potato Fries Fruit, Milk | 23 Goulash WG Garlic Bread Stick Broccoli Fruit, Milk | 24 WG Cheese Pizza Pasta Salad Fruit, Milk |
| 27 MEMORIAL DAY NO SCHOOL | 28 WG Tortilla Chips Seasoned Ground Beef Seasoned Rice Black Beans Fruit, Milk | 29 Grilled Chicken Sandwich WG Bun Baked French Fries Broccoli Fruit, Milk | 30 Cheddar Cheese Hamburger WG Bun Baked Sweet Potato Fries Fruit, Milk | 31 WG Garlic Bread Pizza Marinara Sauce Lettuce w/veggies and ranch Fruit, Milk |

Every Lunch comes with fresh fruit, Whole white milk for 1-2 year olds. 1% skim white milk for 2-5 year olds.

WG=Whole Grain

Questions or comments

Please contact
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Menus may change if an item becomes unavailable