



FEBRUARY | 2025

Central Lake Pre-K Breakfast Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| 3 WG Cheerios Cereal (1oz) Hard Cooked Egg | 4 WG Croissant (2oz) Sandwich Egg (2oz) & Cheddar Cheese (1oz) | 5 WG (2oz) Banana Oat Muffins | 6 WG Pancake Turkey Sausage Wrap | 7 WG Bagel (2oz) w/Cream Cheese or Peanut Butter (1oz) |
| 10 WG Rice Krispies Cereal (1oz) Hard Cooked Egg | 11 WG English Muffin Sandwich (2oz) Egg (2oz) & Cheddar Cheese (1oz) | 12 Strawberry Parfaits w/Granola | 13 WG Biscuits (2oz) w/Simply Fruit or PB Cheese Stick (1oz) | 14 WG Bagel (2oz) w/Cream Cheese or Peanut Butter (1oz) |
| 17 NO SCHOOL | 18 WG Croissant Sandwich (2oz) Egg (2oz) & Cheddar Cheese (1oz) | 19 WG (2oz) Banana Oat Muffins | 20 WG Pancake Turkey Sausage Wrap | 21 WG Bagel (2oz) w/Cream Cheese or Peanut Butter (1oz) |
| 24 WG Mini Wheats Cereal (1oz) Hard Cooked Egg | 25 WG English Muffin Sandwich (2oz) Egg (2oz) & Cheddar Cheese (1oz) | 26 WG French Toast sticks w/agave syrup | 27 WG Biscuits (2oz) w/Simply Fruit or PB Cheese Stick (1oz) | 28 WG Bagel (2oz) w/Cream Cheese or Peanut Butter (1oz) |

Breakfast is free for all students!
 Every Breakfast comes with fresh fruit, whole white milk for 1-2 year olds and 1% milk for 2-5 year olds.

Simply Fruit is a jam made with 100% fruit, no added sugar.

WG=Whole Grain

Questions or comments please contact Nicole Hutchins 231-544-3414
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Menus may change if an item becomes unavailable