

DECEMBER 2024

Central Lake Pre-K Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Banana and PB 2oz Cottage Cheese	3 WG 1oz Graham Item 4oz Fruit Cup	4 WG 1oz Graham Item 4oz 100% Juice Box	5 Apple slices and PB 4oz White Milk	6 Carrots w/Hummus 4oz Fresh Fruit	Merry Christmas! Whole white milk for 1- 2 year olds, and 1% white milk for 2-5 year
9 Banana and PB 2oz Cottage Cheese	10 WG 1oz Graham Item 4oz Fruit Cup	11 WG 1oz Graham Item 4oz 100% Juice Box	12 Apple slices and PB 4oz White Milk	13 Carrots w/Hummus 4oz Fresh Fruit	olds!
16 Banana and PB 2oz Cottage Cheese	17 WG 1oz Graham Item 4oz Fruit Cup	18 WG 1oz Graham Item 4oz 100% Juice Box	19 Apple slices and PB 4oz White Milk	20 Carrots w/Hummus 4oz Fresh Fruit	WG=Whole Grain
	O SCH	100L	WINTE		Questions or comments please contact Nicole Hutchins 231-544-3141
30	31	BREA	2	3	Ext:54206 nhutchins@centrallake.org Menus may change if an item becomes unavailable