



DECEMBER | 2024

Central Lake Pre-K Breakfast Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| 2 WG Rice Krispies Cereal (2oz) Hard Cooked Egg | 3 WG Croissant Sandwich Egg & Cheddar Cheese (2oz grain, 2oz egg, 1oz cheese) | 4 WG Hot Apple Cinnamon Oatmeal Cheese Stick | 5 WG Pancake & Turkey Sausage Wrap | 6 WG Bagel (2oz) w/Cream Cheese or Peanut Butter |
| 9 6oz Fruit Yogurt Hard Cooked Egg | 10 WG English Muffin Sandwich Egg & Cheddar Cheese (2oz grain, 2oz egg, 1oz cheese) | 11 Strawberry Parfait (6oz yogurt), (4oz fruit), (2oz grain) | 12 WG Turkey Sausage, Egg & Cheese Breakfast Burrito (5oz) w/Salsa cup | 13 WG Bagel (2oz) w/Cream Cheese or Peanut Butter |
| 16 WG Cheerios Cereal (2oz) Hard Cooked Egg | 17 WG Croissant Sandwich Egg & Cheddar Cheese (2oz grain, 2oz egg, 1oz cheese) | 18 Mango Parfait (6oz yogurt), (4oz fruit), (2oz grain) | 19 WG Biscuit (2oz) w/ Simply Fruit Cottage Cheese | 20 WG Bagel (2oz) w/Cream Cheese or Peanut Butter |
| 23 | 24 | 25 | 26 | 27 |
| <h1>NO SCHOOL WINTER BREAK</h1> | | | | |
| 30 | 31 | | | 3 |

Breakfast is free for all students!
 Every Breakfast comes with fresh fruit, whole white milk for 1-2 year olds and 1% milk for 2-5 year olds.

Simply Fruit is a jam made with 100% fruit, no added sugar.

WG=Whole Grain

Questions or comments please contact Nicole Hutchins 231-544-3414
 Ext:54206
nhutchins@centrallake.org

Menus may change if an item becomes unavailable