

DECEMBER 2024

Central Lake K-12 Breakfast Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|--------------------------|---|--------------------------------------|---|--|--|
| 2 WG Assorted Muffins | WG Croissant Sandwich Egg & Cheese or Bacon, Egg & Cheese | 4 WG Apple Empanada | 5 WG Pancake Wrap w/Syrup | 6 WG Bagel w/Cream Cheese or Peanut Butter | Merry Christmas! Breakfast is free to all Students! To receive a free breakfast, students must |
| 9 WG Assorted Muffins | 10 WG English Muffin Sandwich Egg & Cheese or Sausage, egg & cheese | 11 Strawberry or Plain Parfait | 12 WG Breakfast Burrito w/Salsa cup | 13 WG Bagel w/Cream Cheese or Peanut Butter | choose a ½ cup fruit, and 2 more components. Milk alone will cost .60¢ |
| 16 WG Assorted Muffins | WG Croissant Sandwich Egg & Cheese or Sausage, Egg & Cheese | 18 Mango or Plain Parfait | 19 WG Biscuits and Gravy | 20 WG Bagel w/Cream Cheese or Peanut Butter | items: Fresh fruit, fruit cups, yogurt cups, granola bars, 100% juice, hard boiled eggs and cheese sticks. |
| 23 | O SCF | IOOL \ | VINTE | R | Cereal will be offered once a week, on Tues for K-5. WG=Whole Grain Questions or comments, please contact Nicole |
| 30 | 31 | BREAK | 2 | 3 | Hutchins (231)544-3141 Ext:54206 nhutchins@centrallake.org Menus may change if an item becomes unavailable |