

OCTOBER | 2024

Central Lake Pre-K Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	1 WG Walking Tacos Seasoned Ground Beef Seasoned Rice Corn Black Beans Fruit, Milk	2 Cheddar Cheeseburger WG Bun Baked Sweet Potato Fries Tomato and Onion Fruit, Milk	3 Breakfast for Lunch WG Pancakes Turkey Sausage links Scrambled Eggs Fruit, Milk	4 WG Garlic Bread Pizza Pasta Salad Raw Broccoli w/ranch Fruit, Milk
7 WG Popcorn Chicken Mashed Potatoes Gravy Corn Fruit, Milk	8 WG Soft Tacos Seasoned Ground Beef Seasoned Rice Beans Fruit, Milk	9 Cheddar Cheeseburger WG Bun Baked Seasoned Fries Tomato and Onion Fruit, Milk	10 Chicken Alfredo WG Garlic Bread Stick Broccoli Fruit, Milk	11 WG Cheese Pizza Pasta Salad Raw Carrots w/ranch Fruit, Milk
14 Grilled Chicken Sandwich WG Bun Baked French Fries Baked Beans Fruit, Milk	15 WG Nachos Seasoned Ground Beef Shredded Cheddar Cheese Seasoned Rice, Corn Fruit, Milk	16 Cheddar Cheeseburger WG Bun Baked Sweet Potato Fries Tomato and Onion Fruit, Milk	17 Mac & Cheese WG Dinner Roll Green Beans Fruit, Milk	18 WG Bosco Stick Pasta Salad Raw Broccoli w/ranch Fruit, Milk
21 WG Chicken Strips Baked French Fries Corn Fruit, Milk	22 WG Soft Tacos Seasoned Ground Beef Seasoned Rice Beans Fruit, Milk	23 Cheddar Cheeseburger WG Bun Baked Seasoned Fries Tomato and Onion Fruit, Milk	24 ½ Day Grilled Chicken Sandwich WG Bun Broccoli Fruit, Milk	25 NO SCHOOL
28 Grilled Chicken Sandwich WG Bun Baked French Fries Baked Beans Fruit, Milk	29 WG Walking Tacos Seasoned Ground Beef Seasoned Rice Cheddar Cheese Corn Fruit, Milk	30 Cheddar Cheeseburger WG Bun Baked Sweet Potato Fries Tomato and Onion Fruit, Milk	31 Goulash WG Garlic Bread Stick Green Beans Fruit, Milk	1

Every student eats
for free!

Lunch comes with fresh
fruit every day!
Whole white milk for 1-2
year olds and 1% milk for
2-5 year olds.

WG=Whole Grain

Questions or comments
please contact Nicole
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Menus may change if an item
becomes unavailable