

OCTOBER | 2024

Central Lake Pre-K Breakfast Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	1 WG English Muffin Sandwich Egg & Cheddar Cheese	2 Mango (4oz) Yogurt (4oz) Parfait	3 WG Biscuits and Simply Fruit Cheese Stick	4 WG Bagel w/Cream Cheese or Peanut Butter
7 WG Rice Krispies Cereal Hard Cooked Egg	8 WG Croissant Sandwich Egg & Cheddar Cheese	9 Fruit Yogurt & WG Oatmeal Bar	10 WG Banana Sheet Pan Pancakes w/simply fruit	11 WG Bagel w/Cream Cheese or Peanut Butter
14 4oz Strawberry Yogurt Hard Cooked Egg	15 WG English Muffin Sandwich Egg & Cheddar Cheese	16 WG Hot Fruit Oatmeal Cheese Stick	17 WG Breakfast Burrito w/ Salsa Cup	18 WG Bagel w/Cream Cheese or Peanut Butter
21 WG Cheerios Cereal Hard Cooked Egg	22 WG Croissant Sandwich Egg & Cheddar Cheese	23 Strawberry (4oz) Yogurt (4oz) Parfait	24 WG Homemade Banana Muffin w/Simply Fruit Cheese Stick	25 NO SCHOOL
28 4oz Strawberry Yogurt Hard Cooked Egg	29 WG English Muffin Sandwich Egg & Cheddar Cheese	30 Hot Banana/Cinnamon Oatmeal Cheese Stick	31 WG Pancake Wrap w/Turkey Sausage Cheese Stick	1

Happy Halloween!!!
Breakfast is free for all students!
Every Breakfast comes with fresh fruit, whole white milk for 1-2 year olds and 1% milk for 2-5 year olds.

Simply Fruit is a jam made with 100% fruit, no added sugar.

WG=Whole Grain

Questions or comments please contact Nicole Hutchins 231-544-3414
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Menus may change if an item becomes unavailable