OCTOBER 2024

Central Lake K-12 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	1 Walking Tacos Seasoned Ground Beef Seasoned Rice Corn Black Beans Fruit, Milk	Cheeseburger WG Bun Sweet Potato Fries Tomato and Onion Fruit, Milk	Breakfast for Lunch WG Pancakes Sausage links Scrambled Eggs Fruit, Milk	4 WG Garlic Bread Pizza Pasta Salad Raw Broccoli w/ranch Fruit, Milk
7 WG Popcorn Chicken Mashed Potatoes Gravy Corn Fruit, Milk	8 WG Hard or Soft Tacos Seasoned Ground Beef Seasoned Rice Beans Fruit, Milk	9 Bacon Cheeseburger WG Bun Seasoned Fries Tomato and Onion Fruit, Milk	10 Chicken Alfredo Garlic Bread Stick Broccoli Fruit, Milk	11 WG Pepperoni or Cheese Pizza Pasta Salad Fruit, Milk
14 WG Chicken Sandwich WG Bun French Fries Baked Beans Fruit, Milk	15 Walking Tacos Seasoned Ground Beef Nacho Cheese Seasoned Rice Corn Fruit, Milk	16 Cheeseburger WG Bun Sweet Potato Fries Tomato and Onion Fruit, Milk	Mac & Cheese WG Dinner Roll Green Beans Fruit, Milk	18 WG Pizza Bosco Stick Pasta Salad Fruit, Milk
WG Chicken Strips French Fries Corn Fruit, Milk	Soft Tacos Seasoned Ground Beef Seasoned Rice Beans Fruit, Milk	23 Bacon Cheeseburger WG Bun Seasoned Fries Tomato and Onion Fruit, Milk	24 Bake Potato Diced Ham, Bacon Bits Cheese Sauce Broccoli (6-12) PB&J (K-5) Fruit, Milk ½ DAY	NO SCHOOL
28 WG Chicken Sandwich WG Bun French Fries Baked Beans Fruit, Milk	29 Walking Tacos Seasoned Ground Beef Seasoned Rice Corn Fruit, Milk	Cheeseburger WG Bun Sweet Potato Fries Tomato and Onion Fruit, Milk	Goulash Garlic Bread Stick Green Beans Fruit, Milk	1

All students eat for free! If students (MS/HS) want a second lunch it will cost \$2.00. And an extra milk is .60¢.

Daily Choices K-12

Salad Bar with many fresh fruits and veggies!

Second Choice items 6-12

Cooks choice, PB&J, or a Turkey sub!

Second Choice Items K-5

Monday: PB&J
Tuesday: Lunch Kit
Wednesday: PB&J
Thursday: Turkey and
cheese sub
Friday: PB&J

WG=Whole Grain
Question or comments
please contact Nicole
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Menus may change if an item becomes unavailable